

Certified Laughter Yoga Leader Training

June 15 & 16, 2013

Saturday & Sunday ~ 9:00 AM ~ 5:00 PM

Cost - \$275 received by June 1 ~ \$295 afterward

Facilitators - Judi A. Winall & Pam Hall, Certified Laughter Yoga Teachers
513-899-3115 or judi@joyfulhealinglaughter.com

Location - Kings Island Resort Conference Center, 5691 Kings Island Dr., Mason, OH 45040
(discounted rooms available - mention Laughter Yoga Training - 513-398-0115)

This 2-day experiential training will give you a thorough understanding of Laughter Yoga...the history, applications, contra-indications, etc., and much practical experience so that you are able to confidently talk about and present it to various groups. All aspects of Laughter Yoga will be covered with lots of time for practice and integration.

You will:

- ❖ receive a comprehensive training manual
- ❖ learn practical techniques and useful skills
- ❖ experience the transformational benefits of laughter yoga
- ❖ gain insight into the "Inner Spirit Of Laughter"
- ❖ learn to facilitate laughter yoga meditation
- ❖ receive an official certificate from the Dr. Kataria School of Laughter Yoga
- ❖ be listed on the international LY website (optional)
- ❖ free membership to ProZone on the LY international website for 6 months
- ❖ have lots of practice time and so much more!

Upon completion of this training you will be able to start and lead your own laughter yoga club, give informational lectures and conduct classes, workshops and events with the general public, businesses, health facilities, nursing homes, special needs groups, etc.

Registration Form - (please print)

Send completed registration form to judi@joyfulhealinglaughter.com

Name _____ Phone _____

Address _____

E-mail _____

Print name as you want it to appear on certificate: _____

Registration - \$275 payment received by June 1 _____ \$295 after June 1 _____